

Purpose of this document

PLEASE NOTE: This document is in draft format for the purpose of the Public Consultation, to provide an indication of the data requirements for IAPT v2.0 that could be met through the use of clinical terminology (e.g. SNOMED CT).

Exact mappings to clinical terms are yet to be confirmed but will be provided alongside the formal documentation, such as in a similar manner to this document.

IAPT Outcome Measures Reference Table

General Guidance	SNOMED CT Guidance
<p>This reference table contains a list of outcome measures (individual, total and/or scale scores) that can be submitted as Coded Assessment Tool Type (SNOMED CT) within the following IAPT tables:</p> <p>--IDS606 Coded Scored Assessment (Referral) - where issued and completed as part of a referral to an IAPT service, but that do not take place at a specific contact.</p> <p>--IDS607 Coded Scored Assessment (Care Activity) - where issued and completed as part of a specific care contact within the IAPT Service.</p> <p>The table presents the equivalent SNOMED CT Concept ID and national codes for each measure. Only those measures that appear in this list can be submitted within the IAPT. Any SNOMED CT Concept ID that is not in this list will be rejected.</p> <p>Please see the IAPT User Guidance for further details regarding: 1) tool level guidance, 2) licensing of Assessment Tools for use within systems.</p> <p>Please note that this table will be updated with guidance on a continual basis, this will not impact on the content but will help with general submission issues or deriving total scores where required.</p>	<p>To be confirmed.</p>

Coded Assessment Tool Type (SNOMED CT)		Comments	RANGE_SCORE	Collection Start Date
Assessment Tool Name	Preferred Term (SNOMED-CT)			
Agoraphobia Score	TBC			01/07/2014
Body Image Questionnaire (BIQ)	TBC			01/04/2020
Brief Pain Inventory (BPI)	TBC			01/04/2020
Chalder Fatigue Scale (CFQ 11)	TBC			01/04/2020
COPD Assessment Test (CAT)	TBC			01/04/2020
Diabetes Distress Scale (DDS)	TBC			01/04/2020
Francis IBS Scale (IBS-SS)	TBC			01/04/2020
Generalised Anxiety Disorder (GAD) -7	TBC			01/07/2014
Penn State Worry Questionnaire (PSWQ)	TBC			01/07/2014
Health Anxiety Inventory (HAI) - Week	TBC			01/07/2014
Mobility Inventory (MI) - When Accompanied	TBC			01/07/2014
Mobility Inventory (MI) - When Alone	TBC			01/07/2014
Obsessive Compulsive Inventory (OCI)	TBC			01/07/2014
Panic Disorder Severity Scale (PDSS)	TBC			01/07/2014
IAPT Treatment Patient Experience Question 1	TBC			01/07/2014
IAPT Treatment Patient Experience Question 2	TBC			01/07/2014
IAPT Treatment Patient Experience Question 3	TBC			01/07/2014
IAPT Treatment Patient Experience Question 4	TBC			01/07/2014
IAPT Treatment Patient Experience Question 5	TBC			01/07/2014
IAPT Treatment Patient Experience Question 6 - Did you receive the employment help that you required?	TBC			01/04/2020
IAPT Assessment Choice Patient Experience Question 1	TBC			01/07/2014
IAPT Assessment Choice Patient Experience Question 2	TBC			01/07/2014
IAPT Assessment Choice Patient Experience Question 3	TBC			01/07/2014
IAPT Assessment Choice Patient Experience Question 4 - Did your assessment cover your employment needs?	TBC			01/04/2020
IAPT Assessment Satisfaction Patient Experience Question 1	TBC			01/07/2014
Patient Health Questionnaire (PHQ) -9	TBC			01/07/2014
Patient Health Questionnaire (PHQ) -15	TBC			01/04/2020
Impacts of Events Scale (IES)	TBC			01/07/2014
iMTA Productivity Cost Questionnaire (iPCQ) - Question 7	TBC			01/04/2020
iMTA Productivity Cost Questionnaire (iPCQ) - Question 8	TBC			01/04/2020
iMTA Productivity Cost Questionnaire (iPCQ) - Question 9	TBC			01/04/2020
Social Phobia Inventory (SPIN)	TBC			01/07/2014
Social Phobia Score	TBC			01/07/2014
Specific Phobia Score	TBC			01/07/2014
Work And Social Adjustment Scale Score (Work)	TBC			01/07/2014
Work And Social Adjustment Scale Score (Home Management)	TBC			01/07/2014
Work And Social Adjustment Scale Score (Social Leisure Activities)	TBC			01/07/2014
Work And Social Adjustment Scale Score (Private Leisure Activities)	TBC			01/07/2014
Work And Social Adjustment Scale Score (Relationships)	TBC			01/07/2014

Therapy Types

To flow as a 'Coded Procedure' in the Care Activity table (as per MHSDS approach).

v1.5 code	v1.5 Description	SNOMED CT Mapping
	Low Intensity	
20	Guided Self Help (Book)	TBC
21	Non-guided Self Help (Book or print)	TBC
22	Guided Self Help (Computer)	TBC
23	Non-Guided Self Help (Computer)	TBC
DELETION	Behavioural Activation (Low Intensity)	
25	Structured Physical Activity	TBC
DELETION	Ante/post natal counselling	
27	Psychoeducational peer support	TBC
28	Other Low Intensity	TBC
DELETION	Employment Support (Low Intensity)	
ADDITION	Community Sign-posting	TBC
	High Intensity	
40	Applied relaxation	TBC
DELETION	Behavioural Activation (High Intensity)	
42	Couples Therapy for Depression	TBC
43	Collaborative care (for people with depression and a chronic physical health condition)	TBC
44	Counselling for Depression	TBC
45	Brief psychodynamic psychotherapy	TBC
46	Eye Movement Desensitisation Reprocessing	TBC
47	Mindfulness	TBC
48	Other High Intensity (not specified above)	TBC
DELETION	Employment Support (High Intensity)	
50	Cognitive Behaviour Therapy (CBT)	TBC
51	Interpersonal Psychotherapy (IPT)	TBC
	Digitally Enabled Therapy	
ADDITION	Digitally Enabled Therapy	TBC
	Employment Support	
ADDITION	Employment Support	TBC

Long Term Physical Health Condition

Propose to collect these conditions using a new Medical History (Previous Diagnosis) table.

		LTC/MUS Pilot Description	v2.0 SNOMED mapping
Long Term Condition	10	Diabetes	TBC
Multiple records may be submitted per referral	11	Chronic Obstructive Pulmonary Disease (COPD)	TBC
	12	Asthma	TBC
	13	Other Respiratory Disease	TBC
	14	Heart disease	TBC
	15	Cancer	TBC
	16	Musculoskeletal Disorder (MSK)	TBC
	17	Chronic pain, including fibromyalgia	TBC
	18	Epilepsy	TBC
	19	Skin condition including Eczema	TBC
	20	Digestive tract conditions	TBC
	96	Other	TBC
	97	None	TBC
	98	Unknown	TBC
	99	Not Stated	TBC

Medically Unexplained Symptoms (MUS)

Proposal to continue the flow of MUS as a Problem Descriptor in IAPT Data Set v2.0.

		LTC/MUS Pilot: Description	v2.0: ICD-10 mapping
Primary Medically Unexplained Symptom	10	Irritable Bowel Syndrome	K58 Irritable bowel syndrome
Identifies the primary medically unexplained symptom for the patient Uniquely one record may be submitted per referral.	11	Chronic Fatigue Syndromes/ Myalgic Encephalopathy (ME)	G93.3 Postviral fatigue syndrome
	12	MUS – not otherwise specified	F45.9 Somatoform disorder, unspecified
	13	None	TBC
	98	Not known (Not recorded)	TBC
	99	Not stated (PERSON asked but declined to provide a response)	TBC

Peri/Post Natal Period

To identify patients in the Peri/Post Natal Period.

Proposal to flow this data as a SNOMED CT code via the new Social and Personal Circumstances table.

NB: National definition for IAPT to be confirmed.

Code Description	SNOMED CT Mapping
Yes - Identified need	TBC
Yes - no problem	TBC
Child under 1	TBC
Pregnancy in last year	TBC
Pregnant and child under 1	TBC
Pregnancy in last year and child under 1	TBC
No	TBC
Unknown (Person asked and does not know or is not sure)	TBC
Not stated (Person asked but declined to provide a response)	TBC
Not asked	TBC

Contextual Factors

Various contextual factors required – To flow ‘as and when’ identified during clinical practice, using the Clinical Finding data item in the IDS202CareActivity table. Mapping will be provided to the relevant SNOMED CT codes.

Contextual Factor	SNOMED CT Mapping
Alcohol Use: To indicate whether the patient has an alcohol abuse problem:	
• No alcohol abuse problem	TBC
• Alcohol abuse	TBC
• Alcohol dependence	TBC
Drug Use: To indicate whether the patient has a drug abuse problem:	
• No drug abuse problem	TBC
• Drug abuse	TBC
• Drug dependence	TBC
Smoking: An indication of whether the patient is a smoker:	
1 - Current Smoker	smoker (finding)
2 - Ex-Smoker	ex-smoker (finding)
3 - Non-Smoker (History unknown)	current non smoker but past smoking history unknown (finding)
4 - Never Smoked	never smoked tobacco (finding)
Debt: To indicate whether the person is currently in debt	TBC
Gambling: To indicate whether the person considers themselves to have a gambling addiction	TBC

Asylum Status Indication Code

An indication of whether a person is a Refugee or Asylum Seeker. Propose to capture this via the new Social and Personal Circumstances table.

SNOMED CT Mapping	Optional sub-codes
Asylum seeker (person)	Asylum seeker awaiting decision on refugee status (person)
	Asylum seeker with application for asylum refused (person)
	Asylum seeker with discretionary leave to remain (person)
	Asylum seeker with humanitarian protection status (person)
	Unaccompanied child asylum seeker (person)
Refugee (person)	