Please complete the following questions.

1. Can you... Wash yourself with a flannel, keeping your hand flat? (tick one answer only)
   - Without Difficulty (0)
   - With very little difficulty (1)
   - With some difficulty (2)
   - With much difficulty (3)
   - Almost impossible (4)
   - Impossible (5)

2. Wash your face? (tick one answer only)
   - Without Difficulty (0)
   - With very little difficulty (1)
   - With some difficulty (2)
   - With much difficulty (3)
   - Almost impossible (4)
   - Impossible (5)

3. Hold a bottle in one hand? (tick one answer only)
   - Without Difficulty (0)
   - With very little difficulty (1)
   - With some difficulty (2)
   - With much difficulty (3)
   - Almost impossible (4)
   - Impossible (5)
4. Shake someone's hand? (tick one answer only)

- [ ] Without Difficulty (0)
- [ ] With very little difficulty (1)
- [ ] With some difficulty (2)
- [ ] With much difficulty (3)
- [ ] Almost impossible (4)
- [ ] Impossible (5)

5. Stroke something or caress someone? (tick one answer only)

- [ ] Without Difficulty (0)
- [ ] With very little difficulty (1)
- [ ] With some difficulty (2)
- [ ] With much difficulty (3)
- [ ] Almost impossible (4)
- [ ] Impossible (5)

6. Clap your hands? (tick one answer only)

- [ ] Without Difficulty (0)
- [ ] With very little difficulty (1)
- [ ] With some difficulty (2)
- [ ] With much difficulty (3)
- [ ] Almost impossible (4)
- [ ] Impossible (5)

7. Spread out your fingers? (tick one answer only)

- [ ] Without Difficulty (0)
- [ ] With very little difficulty (1)
- [ ] With some difficulty (2)
- [ ] With much difficulty (3)
- [ ] Almost impossible (4)
- [ ] Impossible (5)
8. Lean on your hand? (tick one answer only)
   - Without Difficulty (0)
   - With very little difficulty (1)
   - With some difficulty (2)
   - With much difficulty (3)
   - Almost impossible (4)
   - Impossible (5)

9. Pick up small objects with your thumb and index finger? (tick one answer only)
   - Without Difficulty (0)
   - With very little difficulty (1)
   - With some difficulty (2)
   - With much difficulty (3)
   - Almost impossible (4)
   - Impossible (5)

Please return your completed questionnaire to:

Database Administrator
BRITISH SOCIETY FOR SURGERY OF THE HAND
At The Royal College of Surgeons
35-43 Lincoln’s Inn Fields
London
WC2A 3PE